

• Clinton Elementary • Update



February 23rd, 2024

Dates to Note:

- Feb 23 - PAC movie night
- Feb 26 - BBY South Articulation for grade 7's
- Feb 28th - Pink shirt day
- Assembly 1:00
- March 5 - 8 - Safety Drills week
 - Tue March 5 - Earthquake Drill
 - Wed March 6 - Shelter in Place
 - Thur March 7 - Hold and Secure
 - Fri March 8 - Lockdown
- March 13 - Primary Days of Music
- March 13 - Report Cards go home
- March 18 - April 1 - Spring break and Good Friday/Easter Monday
- April 2 - First day back

Good afternoon Clinton families.

We have information coming out and thought it would be better to share it all at once instead of over multiple emails. It has been great meeting many families and getting to know the students at Clinton. If you have any questions or concerns or would just like to stop by the office to say "Hi" it would be great to meet you.

Take care,
Brad Winterlik
Principal Clinton and Glenwood Elementary
Brad.winterlik@burnabyschools.ca

Safety Drills:

Under the "Dates to Note" section you will see that running from March 5th to the 8th we are doing a series of safety drills. Just like sports, the arts, or school work, when you practice something you become more comfortable. We as a school want to be comfortable in all safety situations so the best way to do that is to practice. In the upcoming week we will be practicing our drill procedures. Our staff will be preloading the students with important information about each drill and our morning announcements will highlight the key factors about each drill. We have already practiced our first fire drill and the week's drills include Earthquake drill (Drop-cover-hold), Shelter in place, Hold and Secure and Lockdown.



Clinton Healthy Snacks:

Clinton's snacks have been running very successfully the last two weeks with the intent of providing healthy recess snacks to all students. We have noticed that some students bring unhealthy snack choices (chips, candy, etc.) while other students do not have a snack at all. To help with this, fresh fruit and vegetables are frequently available at the office, near the gym and in the primary wing. These have been very popular with the students and disappear quickly. We have had apples, cucumbers and cheese sticks.



We have been a successful recipient of the Feeding Futures Fund and have had money allocated with the intent to increase food security for students and families who need it most. We have purchased other healthy snacks that the teachers have access to when we notice students without a snack, maybe a child doesn't have enough or sometimes an item might get dropped or forgotten.

Families, please reach out to me at the office brad.winterlik@burnabyschools.ca or to your classroom teachers if we can help out in any way to support you.

Why Being On Time Matters for Elementary School:

Being on time is very important in elementary school! When we come to school on time every day, it helps us get the most out of our learning. We can join our friends in the morning, hear all the fun announcements, and be ready to dive into exciting lessons. Plus, it's a great way to show respect for our teachers, classmates, and our own education. When we're not late, we help create a happy and organized classroom where everyone can learn and have fun together.

But when we're late, we miss out on some of the cool stuff at the beginning of the day, and it can make our teacher and friends wait for us. Being late can also make us feel a bit rushed and stressed which is not a great way to start any day. So, let's make an effort to be on time for school, not just because it's an expectation, but because it helps us make the most of our school day and shows that we're responsible students who care about our education and our friends. Reminder that the first bell is at 8:55am and classes start at 8:58am – Please aim to be at school just before 8:55am so that you can enter with your class.

Attendance Matters



The Importance of Not Missing School:

Many factors contribute to a student's success at school and one important measure is attendance. By being at school and being engaged, students have an obvious advantage over those who are missing school. Research has shown that missing more than 10% of school may increase a student's vulnerability as it relates to their day to day success and the ability to graduate from high school. We have just reached 100 days at school and an unexpectedly large number of students have missed over 10 days of school already. Here are some thoughts to consider:

1. **Falling Behind:** Missing more than 10% of school means missing out on valuable learning opportunities, making it harder for students to keep up with their classmates. Regular attendance is crucial for building foundational skills in reading, math, and other subjects, and frequent absences can lead to academic struggles.
2. **Social Isolation:** Regular school attendance helps students develop social skills, build friendships, and feel connected to their peers, teachers and the community. When students miss too much school, they may feel left out and struggle to form relationships, leading to feelings of loneliness and isolation.
3. **Long-Term Consequences -Impact on Success:** Research shows that students who miss more than 10% of school are at risk of falling behind academically and may be less likely to graduate from high school. By prioritizing attendance and minimizing absences, families can help set their children up for success both in school and in life.

West Coast Recess and Lunch



At Clinton we believe it is healthy for kids to get outside throughout the day for fresh air and exercise. Living on the West Coast we know that our climate contains a consistent amount of rainfall especially throughout the winter months and even into our Spring. It makes sense that we are well prepared to be outside in the rain. Given that students will be outside for recess and lunch even when it's raining it is important to send your child to school well prepared.

Being prepared for the weather

We know that if kids are well prepared to be outside in the rain, they actually enjoy it. As long as they stay dry and warm there is a great deal of fun to be had in all kinds of weather. To be prepared to be outside in the rain, it is important for your child to have:

- A rain coat or water resistant covering
- Rubber boots so they can enjoy the puddles
- Rain pants they can quickly slip over their clothes (much like they would snow pants)
- An umbrella
- A rain hat or coat with a hood
- A change of clothes just in case. (pants, socks, underwear, t-shirt)

Rainy Weather FAQ

I am concerned that my child will get sick being out in the rain.

It is not cold that makes us sick but rather viruses. "People get sick more often in the winter because they are exposed to each other more in the winter than in the summer. When it is cold outside people tend to stay inside and are more likely to spread germs to one another" (from "*Does Cold Weather Cause the Cold or Flu?*"). Turns out that getting outdoors is more likely to protect our kids from illnesses than keeping them indoors.

My child has been sick but is now returning to school. Can he/she stay inside today?

We are quite reluctant to allow this for a couple of reasons. First, if your child is still not quite better it would be best to stay at home until s/he is 100% ready to function fully at school. If your child is too sick to go outside s/he is also probably too sick to get through the day's work successfully. Secondly, we have limited supervision inside. We can make exceptions based on special circumstances.

Why don't you keep them in? - they would be far more comfortable - it doesn't seem fair!!

The habits we set up with our kids as they grow up last into adulthood. Rather than feeling that they need to stay indoors we want to encourage them to find ways to enjoy the rain. Students engage in imaginative play in any kind of weather. Rainy days inspire the construction of canals, dams, and islands. Puddle jumping is also a favourite activity! Fresh air and exercise also aid afternoon concentration.

Are the children ever allowed to stay inside due to the weather?

We occasionally have weather conditions that are unreasonable to expect students to stay outside. These days include hard, driving rain or snow with extreme cold or wind. In these situations we intend to declare it an inside day however we don't expect to have more than 2 or 3 of these a year.

ATTENDANCE MATTERS



IT DOESN'T OWN YOU

Your Healthy Digital Life

Before you post, think about how it might reflect on you



Be kind & mindful that there's a real person behind the screen

Take a break if you get angry & wait before you respond



Talk it out in person if you have a conflict with someone you know

Respect other people's privacy when you share things digitally



Know when to leave your device alone & balance time offline

Think Critically. Use technology to connect & create in positive & powerful ways.

Learn more: www.burnabyschools.ca

DIGITAL CITIZENSHIP

5 THINGS YOU NEED TO KNOW

1



BUILD BALANCE

Know when you've had enough screen time & prioritize wellness.

3



BUILD BOUNDARIES

Know the skills to protect your privacy & security.

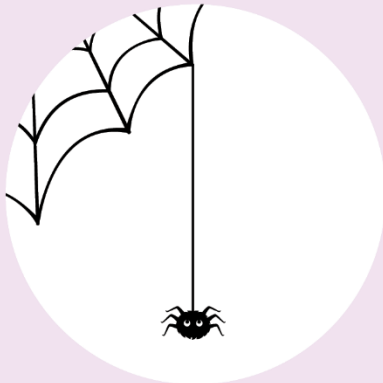
4



BUILD YOUR DIGITAL FOOTPRINT

Know everything you post is permanent & always think first.

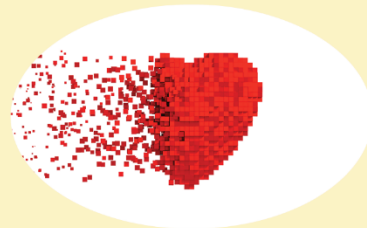
2



BUILD YOUR SPIDEY SENSE

Know how to spot legitimate information from untruths online.

5



BUILD RESPECT

Know how you want to be treated online & treat others the same.

Digital citizenship is a way to describe the ability to navigate & engage in digital environments safely & responsibly.

Learn more: www.burnabyschools.ca